# PROTOCOL Samen veilig doorwerken

Voor sectoren Bouw & Techniek

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# Helpdesk Corona Bouw & Techniek

# Contents

PΙ	ROTO	COL	0
Sa	amen	veilig doorwerken	0
	Voor	sectoren Bouw & Techniek	0
0	vervie	w of changes	3
	Chan	ges with effect from 16-11-2021	3
	Chan	ges with effect from 25-9-2021	3
	Chan	ges with effect from 15-9-2021	4
	Chan	ges with effect from 26-6-2021	4
	Chan	ges with effect from 27/1/2021	4
	Chan	ges with effect from 15-12-2020	4
	Chan	ges with effect from 16-11-2020	4
	Chan	ges with effect from 28-10-2020	5
	Chan	ges with effect from 21-8-2020	5
	Chan	ges with effect from 11-8-2020	5
	Chan	ges with effect from 30-6-2020	5
	Chan	ges with effect from 24-6-2020	5
In	trodu	ction	7
	The p	rotocol's starting point	7
1	Ge	neral measures for the construction and engineering sector	9
	1.1	Control the risk at source	9
	1.2	Technical and organisational measures	10
	1.3	Personal protective equipment	11
2	Spe	ecific sectors or work situations	12
	2.1	Carrying out work for private individuals and housing association tenants/property own 12	ers.
	2.2	External locations (infrastructure, construction, utilities)	14
	2.3	Healthcare facilities	14
	2.4	Travelling together	15
	2.5	Communication	15
3	Ge	neral measures and regulations	16
	3.1	General	16
	3.2	Translating the advice into daily work routines	17
	3.3	Appoint a corona-responsible person at the workplace	17





# Helpdesk Corona Bouw & Techniek

	3.4	When should employees stay at home?	17
	3.5	Assessment high-risk group	18
	3.6	When should you go home?	18
	3.7	When should employees be sent home?	. 18
	3.8	Are people allowed to work from home?	. 18
4	Mea	asures in place in the workplace and while working	19
	4.1	Which measures apply to work locations?	. 19
	4.2	Which measures apply when working in private properties?	19
	4.3 of 1.5	What is the correct procedure when the work demands working together within a distan	
	4.4	Communication activities in the workplace	20
	4.5	Can employees still travel together in a company van?	20



# Helpdesk Corona Bouw & Techniek

# Overview of changes

The 'Working Together Safely' protocol is frequently adjusted in line with new developments. This page provides details of the changes in relation to the previous version. In the latest version the changes in relation to the previous version are underlined for your convenience.

# Changes with effect from 16-11-2021

# Maintain a distance of 1.5 meters

The 1.5 meter distance rule is once again an important basic preventative measure for **everyone**, even those who have been vaccinated or who have recovered from COVID-19. The following paragraphs have been adjusted accordingly: 1.2, 2.1.2.1, 2.2.2.2, 3.1 and 4.1.

# Retightening of working from home advice

The working from home advice has once again been updated to "Work from home, unless there really is no other option". The following paragraph has been adjusted accordingly: 1.1.

# Strict observance of the (home) quarantine rule in case a close contact or someone living with you tests positive

You must immediately go into (home) quarantine if a close contact or someone living with you tests positive. The same also applies if you are sufficiently protected against a coronavirus infection. The following paragraphs have been adjusted accordingly: introduction, 1.1, 3.1 and 3.4.

# Changes with effect from 25-9-2021

# The obligation to observe a distance of 1.5 metres has been lifted

The obligation to observe a distance of 1.5 metres has been changed into an 'urgent advice'. A distance of 1.5 metres remains a safe distance. The following paragraphs have been adjusted accordingly: introduction, 1.1, 1.2, 2.1.1.2, 2.1.2.1, 2.2.2.2, 3.1, 4.1, and 4.3. Paragraph 1.4 'Customised elements for working safely at a distance of 1.5 metres' has newly been added.

#### Slight easing working from home advice

In respect of the working from home advice, "work from home where possible and at the office where required" now applies. The following paragraph has been adjusted accordingly: 1.1.

# The wearing of face masks has been adjusted

The obligation to wear face masks has been limited to public transport, airports, and some other locations. The following paragraphs have been adjusted accordingly: introduction, 1.2, 2.1.1.2, and 3.1.

# Guidelines Data Protection Authority

The Data Protection Authority observes a retention period of 2 weeks for contact details. The following paragraph has been adjusted accordingly: 2.4.1.2.

# Expiry of the obligation to quarantine for vaccinated travellers

Effective from 22 September 2021 travellers from extremely high-risk areas no longer need to quarantine. Additional obligations may apply to the testing on Covid-19, a quarantine and health certificate. The following paragraphs have been adjusted accordingly: 1.1, 3.1 and 3.4.





# Helpdesk Corona Bouw & Techniek

# Changes with effect from 15-9-2021

# Adjustment to changed quarantine policy in case of sufficient immunity

People who have accrued sufficient immunity through vaccinations and/or going through Covid-19 no longer need to quarantine after a risky contact. The following paragraphs have been adjusted accordingly: 1.1, 3.1 and 3.4.

# Tightening of working from home advice

The easing for the working from home advice has been back-pedalled to "work from home as much as possible". The following paragraph has been adjusted accordingly: 1.1.

# Changes with effect from 26-6-2021

# Softening of working from home advice to 50% working from home

Effective from 26-6-2021 the working from home advice has changed from "working from home as much as possible" to "working from home at least 50% of the working time". The following paragraph has been adjusted accordingly: 1.1.

# Softening of face mask obligation

Effective from 26-6-2021 face masks only need to be worn at locations where it is truly impossible to observe a distance of 1.5 metres. The following paragraphs have been adjusted accordingly: 1.2 and 2.1.1.2.

# Addition rapid antigen test to the test policy of the GGD

In the spring of 2021, the test options of the GGD (Joint Health Service) were supplemented with the rapid antigen test. The GGD determines the choice of test on the basis of the LCI COVID-19 Directive of the RIVM (National Institute for Public Health and the Environment). The following paragraphs have been adjusted accordingly: 1.1 and 3.1.

# Changes with effect from 27/1/2021

# Introduction of test policy during quarantine for travellers

From 20-1-2021 you'll be able to request a corona test on the 5th day of your quarantine providing you are symptom-free. The following paragraphs have been adjusted accordingly: 1.1 and 3.1.

# Changes with effect from 15-12-2020

# Change to the testing policy during quarantine

From 15-12-2020 you'll be able to request a corona test on the 5th day of your quarantine providing you are symptom-free. The following paragraphs have been adjusted accordingly: 1.1 and 3.1.

# Update in relation to the wearing of face masks in public spaces

The points about wearing face masks in public spaces have been updated and paragraphs 1.2 and 2.1.1.2 have been adjusted accordingly.

# Changes with effect from 16-11-2020

# Updated list of vital processes

The reference list with vital processes has been updated. The following paragraphs have been adjusted accordingly (in the footnote): 1.1, 3.4.





# Helpdesk Corona Bouw & Techniek

# Updated cross-border workers' definition

The frequency of the number of times per week cross-border workers have to cross the border has been adjusted to at least 1x per week. The following paragraphs have been adjusted accordingly: 1.1 and 3.4.

# Changes with effect from 28-10-2020

Adjustment to the infectious period and returning to work, notification from the CoronaMelder (Notifier) App.

The text for the infectious period and returning to work has been adjusted in line with the GGD text and the guidelines provided by medical specialists. The CoronaMelder App has been introduced on a national scale. The following paragraphs have been adjusted accordingly: 1.1 and 2.1.1.1, 2.4.1.1, 3.1 and 3.4.

# Adjustment regarding the wearing of face masks

The wearing of face masks has been introduced on public transport, when travelling together with others and when entering public indoor spaces. The 'protocol's starting point' paragraphs, 1.2 and 2.1.1.2, have been adjusted accordingly.

Good ventilation has been indicated more clearly in paragraph 1.2 and an analysis of safe working practices has been added to paragraph 4.3.

# Changes with effect from 21-8-2020

# Adjustment to home quarantine duration

The two week quarantine period has been reduced to ten days. The following paragraphs have been adjusted accordingly: 1.1, 3.1 and 3.4.

# Changes with effect from 11-8-2020

# Adjusted guidelines for travelling together

The guidelines for travelling together have been adjusted by the Central Government. A non-medical face mask is compulsory when at least three people are travelling together, a reservation system is not compulsory. Please maintain a logbook for the GGD's source and contact investigation. The following paragraphs have been adjusted accordingly: 1.1, 2.4.1.1, 2.4.1.2 and 2.4.1.3.

### Symptoms, testing, home quarantine

The text has been adjusted in line with the Central Government's amended text and guidelines. This applies to the following paragraphs: 1.1, 2.1.1.1, 2.1.2, 2.1.3, 2.1.4, 3.1, 3.4, 3.6, 3.7, 4.2.2.

# Changes with effect from 30-6-2020

# Adjusting guidelines for travelling together

The guidelines for travelling together have changed. Travelling together is permitted again with effect from 1st July, providing a reservation system/planning is in place, a health check has been conducted before getting in and all occupants are wearing non-medical face masks. The following paragraphs have been adjusted accordingly: 2.4.1 and 4.5.

# Changes with effect from 24-6-2020

Any changes in relation to the previous version have been underlined in the protocol text for the sake of clarity.





# Helpdesk Corona Bouw & Techniek

### Working for vulnerable private individuals

It's now also possible to carry out regular activities for private individuals who form part of the vulnerable groups, as long as they have provided their explicit permission for this. The following paragraphs have been adjusted accordingly: paragraph 2.1.3 has been added, the heading for paragraph 2.1.4 has been changed and paragraph 4.2.2 has been changed.

# Criteria for staying at home

The criteria for staying at home where any possible symptoms are concerned have changed. In addition, corona tests are now widely available and recommended for people with flu-like symptoms. The following paragraphs have been adjusted accordingly: 1.1, 3.1, 3.4 and 2.1.1.1.

#### Ventilation in a vehicle

The advice for ventilation in the car has been adjusted to prevent damage to health as a result of extreme airflow. The following paragraphs have been adjusted accordingly: 2.4.1.2 and 4.5.

### Use of water and soap rather than disinfectants

Excessive use of disinfectants is harmful to the skin. It's now clear we should be using water and soap to wash our hands wherever possible. Many disinfectants also contain ethanol ("alcohol denat."), which is a substance on the list of carcinogenic substances and processes issued by the Ministry of Social Affairs and Employment. Ethanol should therefore only be used in the workplace if there is no alternative. The following paragraphs have been adjusted accordingly: 1.2, 2.2.2.2, 2.4.1.2, 4.1 and 4.5.

Possibility for people without a company doctor to establish contact with a company doctor from the Construction & Engineering Corona Help Desk

People without their own company doctor (for example, self-employed people) can use the company doctors from the Construction & Engineering Corona Help Desk. The following paragraph has been adjusted accordingly: 3.5.





# Helpdesk Corona

# Introduction

This protocol offers clarity to businesses, residents, clients and customers and all workers regarding safe working procedures in the construction, engineering and installation sectors during the coronavirus crisis. It also addresses how work in private properties can be carried out safely. The protocol was drawn up by Bouwend Nederland and Techniek Nederland and submitted to the Ministry of Interior and Kingdom Relations and subsequently supplemented and established in consultation with the Ministry of Interior and Kingdom Relations and the Ministry of Infrastructure and the Environment, as well as various other construction sectors and trade unions. You can find the original protocol on the National Government's <a href="website">website</a>. The protocol is now being maintained and adjusted where necessary by social partners in construction and engineering. You can find all the changes to the measures in the overview of changes.

The protocol's starting point is the advice and measures established by the National Institute for Public Health and the Environment (RIVM). The protocol is based on the state of play at the time of publication and will be amended as soon as possible when new advice or measures take effect. The protocol is intended as a guide to carrying out work safely. However, there may be justifiable reasons to deviate from the protocol in certain circumstances.

The protocol is intended for the construction and engineering sectors and associated activities. Consult the RIVM website for general measures and guidelines regarding what to do in case of a confirmed (or suspected) coronavirus infection.

A Construction & Engineering Corona Help Desk has been set up, which can be accessed via: <a href="https://www.helpdeskcorona-bt.nl">www.helpdeskcorona-bt.nl</a>. This is a central desk where people can ask questions, obtain information and report breaches of the rules set out in this "working together safely" protocol.

It's everyone's joint responsibility to combat the spread of the virus, while also ensuring people can continue to work safely. We can only stop the virus from spreading and ensure that not all activities have to come an immediate standstill if we all work together. We hope everyone will responsibly adhere to the protocol's guidelines and actively discuss situations where this is difficult to do.

# The protocol's starting point

This protocol is based on the occupational hygiene strategy. The aim is to minimise the need to use the personal protective equipment, except in specific environments such as care institutions. The strategy consists of first introducing measures to prevent working in environments with a risk of infection. If that is not possible, i.e. if it is necessary to carry out work in places where there is a risk of infection, technical and organisational measures must be put in place to prevent infection. Lastly, there are specific situations and environments where it will always be necessary to use PPE.

The pandemic is continuing to cause a great deal of nuisance and concern, despite the high vaccination rate in our country. That's why we need to put measures in place which are appropriate to the current health risks in our country. These measures have been processed in the protocol. This takes the presence of sufficiently protected (see 1.1), insufficiently protected and vulnerable groups at the workplace, building site, office and/or at private customers at home into account. Employers are not allowed to register details of who forms part of a certain group. They cannot use a vaccination certificate or the CoronaCheck app for access to the work. The 1.5 meter distance is the safe distance for everyone to protect themselves and others in combination with the other basic measures.





# Helpdesk Corona Bouw & Techniek

Employers cannot keep records who falls into a certain group with an increased chance of serious coronavirus infection. They cannot use a vaccination certificate or the CoronaCheck app for access to the work. Employees are aware of their personal health and the recommendations of their physician. They can request others at work to observe a distance of 1.5 metres. Sufficiently protected employees can abandon the distance of 1.5 metres and shall require a face mask at fewer locations. This requires respect for each other, the way of working together, adjusting to **everyone** at work.

### A safe and healthy workplace for everyone

Employers must provide for a safe and healthy workplace. This duty of care was used as the guiding principle for the arrangements in the 'working together safely' protocol. The parties who sign the protocol advise employers to determine with all those who are involved in the work (clients, (sub-) contractors, employees, self-employed persons, and private individuals) what non-mandatory measures they do implement. It is important to communicate this clearly to all at work. It prevents obscurity and discussions. For instance about standpoints like being vaccinated or not or the result of the CoronaCheck app.

Additional care and proper coordination must be observed when carrying out work in buildings where residents or building users are present. Consent from the residents or users is required prior to the start of the work, especially if they form part of vulnerable groups. If they do not provide their consent then the guiding principle is that the work will not be deemed safe to be carried out. Both the professional and the resident are advised to wear a face mask or face shield in case of close contact moments (less than 1.5 metres).

The following pages set out the protocol and its implementation, after which a number of aspects are looked at in more detail. Various checklists, whereby the protocol has been incorporated into a daily routine, can be found on the Construction & Engineering Corona Help Desk's <u>website</u>.





# 1 General measures for the construction and engineering sector

# 1.1 Control the risk at source

- Work from home, unless there really is no other option.
- Travel to work alone as much as possible.
- Do not go to work if you have:
  - Flu-like symptoms (a cold, runny nose, sneezing)
  - A sore throat
  - A cough
  - Shortness of breath
  - A raised temperature or fever
  - A sudden loss of smell and/or taste.
- Request a test from the GGD as soon as possible if you start displaying any of the above symptoms. Consult with the company doctor if necessary.
  - Stay at home while you wait for the test results.
  - o Go back to work in case of a negative test (no coronavirus) and mild symptoms.
- Do not go to work if you are infected with the coronavirus:
  - You must stay in isolation for a minimum of 7 days
  - You can return to work after 7 days in case of mild symptoms, providing you have been symptom-free for a minimum of 24 hours
  - You must remain in isolation for 14 days if you have been ill for longer or more seriously
  - Discuss things with the company doctor if necessary.
- Have you accrued sufficient protection against the coronavirus? That is the case in the following situations:
  - After having gone through Covid-19 in the past 6 months
  - Two weeks have lapsed after the second vaccination (or the first after Covid-19)
  - o Four weeks have lapsed after vaccination with the Janssen vaccine
  - In case of certain disorders and medicines, the vaccination may offer insufficient protection. In this respect, the medical specialist or general practitioner shall provide advice.
- Do not go to work if someone you live with has a fever and/or shortness of breath in addition to respiratory problems and you haven't yet received the results from the corona test. This measure is not required if you have accrued sufficient protection against the coronavirus.
- <u>Don't go into work if someone you live with or another close contact has tested positive for COVID-19, even if you have built up sufficient protection:</u>
  - Stay in (home) quarantine for 10 days, counting from the last high-risk contact. <u>Keep a safe distance from the person who has tested positive.</u>
  - The GGD or company doctor can impose the (home) quarantine based on the test and trace information
  - You can request a corona test on the 5th day after keeping a safe distance, providing you have remained symptom-free.





- Follow the instructions from the CoronaMelder app.
- Stay in quarantine (at home) for ten days if you are returning from a stay in an area (city, region, country), which has been declared an orange or red zone (unsafe) by the Central Government.
  - $\circ\quad$  The compulsory ten day quarantine period does not apply to cross-border workers if they
    - return to their home country at least once a week.
  - Migrant workers and travellers in (home) quarantine can request a <u>corona test</u> on the 5th day. They can come out of quarantine if the result is negative.
  - The (home) quarantine is not applicable to fully vaccinated travellers. However, obligations may apply to the vaccination certificate, a corona test, a health and quarantine certificate.

The exception to this rule is an employee involved with a vital process.<sup>1</sup> The following applies to this employee:

- Do not go to work if you have symptoms (test is necessary).
- Do not go to work if you are infected with the coronavirus.
- In case of no, or insufficient, protection against the coronavirus, do not go to work if someone you live with or another very close contact is infected with the coronavirus. An exception may be made if you do not have any symptoms, in consultation with the GGD and/or the company doctor.
- Consult with the company doctor if someone who lives with the employee has, in addition to respiratory complaints, a fever and/or tightness of the chest and the employee is not protected, or insufficiently.
- Discuss matters with the company doctor if a ten-day home quarantine is urgently recommended after returning from an orange or red zone.

# 1.2 Technical and organisational measures

Maintain a distance of 1.5 meters.

This is the safe distance to protect both yourself and others from getting infected.<sup>2</sup>

- Everyone must abide by all precautionary hygiene measures.<sup>3</sup>
  - Do not shake hands.
  - Regularly wash your hands with soap and water.<sup>4</sup> Wash your hands at least 6x a day, in accordance with the instructions provided. And always before meals, after going to the toilet, after using public transport and after cleaning.
  - Sneeze and cough into your elbow.
  - Bring your own paper tissues and dispose of these immediately after use. Then wash your hands.
  - Avoid touching your face as much as possible.
- Monitor compliance with the hygiene rules of the RIVM rigidly.

<sup>&</sup>lt;sup>4</sup>Please note: regularly washing or disinfecting your hands will degrease the skin. This will reduce your home's barrier function. Therefore make sure you regularly use nourishing hand cream too.





<sup>&</sup>lt;sup>1</sup>Vital processes: please refer to the information issued by the Central Government: https://www.nctv.nl/onderwerpen/vitale-infrastructuur/overzicht-vitale-processen

<sup>&</sup>lt;sup>2</sup>This also applies, for example, during lunch and when dealing with supplier deliveries.

<sup>&</sup>lt;sup>3</sup>In accordance with the RIVM's guidelines.

# Helpdesk Corona

- Regularly clean with water and a good degreasing cleaning agent, possibly in the form of disposable cleaning wipes. Avoid ethanol ("alcohol denat.") and preferably don't use products containing isopropyl alcohol.
- Don't share your tools or telephone with others.
- Keep materials, tools and PPE clean.
- Make sure the work and office areas are well ventilated:
  - o Make sure the ventilation complies with the rules set out in the <u>building code</u>.
  - o Ventilate 24 hours a day via windows, grilles or a mechanical ventilation system.
  - o Regularly air a room for 10-15 minutes after this has been used by several people.
  - O Do not use a separate air conditioning or heating unit with recirculation of air in a space you share with others.
- Wear a face mask in public transport and in the company van if you travel with more than two passengers.
- Wear a face mask when working in and moving around a public indoor space where face masks are mandatory <u>because a distance of 1.5 metres cannot be observed. This applies,</u> <u>inter alia, in areas of airports and healthcare institutions.</u>
- Cordon off the work area in a public indoor space where a face mask obligation applies in such a way that bystanders are kept at a minimum distance of 1.5 meters.

# 1.3 Personal protective equipment

Wearing personal protective equipment is only necessary in exceptional situations if everyone complies with the measures set out in paragraphs 1.1 and 1.2. The exceptional situations are described in paragraph 2.3 'Care locations'.





# 2 Specific sectors or work situations

All of the following measures are in addition to the general measures listed in paragraphs 1.1 - 1.3.

2.1 Carrying out work for private individuals and housing association tenants/property owners.

#### 2.1.1 General

The following preventative measures always need to be followed when working for private individuals.

#### 2.1.1.1 Control the risk at source

#### Beforehand:

- Explicitly request consent for access from residents/tenants/users. Residents will determine whether or not they are happy to provide access to their property.
- Ask customers/users whether they, or any people living with them, have suffered any coronavirus symptoms over the past 24 hours (see paragraph 1.1, or the Central Government's and RIVM's checklist<sup>5</sup>), or whether they form part of the vulnerable people category<sup>6</sup>.
- Ask customers to properly ventilate the property.
- Ask customers to ensure the equipment is easily accessible.

# 2.1.1.2 Technical and organisational measures

- Observe a safe distance of 1.5 metres in the contact with customers as much as possible.
- The professional will enter into agreements with the customer in relation to safe working practices. The aim is to avoid close contact moments (during which the 1.5 meter distance isn't possible). The professional can subsequently safely continue working with these agreements in place, without the need for a face mask or face shield.
- If close contact moments do prove necessary with customers, the professional will wear a face mask or face shield and the customer is asked to do the same.
- A face mask is mandatory in publicly accessible areas where a distance of 1.5 metres cannot be observed. This applies, for example, in certain airport areas, shops and healthcare institutions.
- Avoid customers having to touch any devices or documents when signing off work as much as possible.

### 2.1.1.3 Personal protective equipment

There are no additional measures in addition to the measures included in paragraph 1.3 where personal protective equipment is concerned.

- The professional will not wear a face mask or face shield in the following situations:
  - o When a face mask or face shield presents a risk for the professional during his task;
  - The task requires the wearing of respiratory protection.

fin accordance with the RIVM's definition, particularly the elderly and people with existing medical conditions.





<sup>&</sup>lt;sup>5</sup>The Central Government website <u>'coronavirus health check'</u> or RIVM <u>'coronavirus health check'</u>.

2.1.2 Customers/users or people living with them without coronavirus symptoms (see paragraph 1.1) and who don't form part of a vulnerable group either.

#### 2.1.2.1 Control the risk at source

Regular work can be carried out with consent of residents or users, in consideration of the national measures and hygiene. The 1.5 meters is the safe distance to protect yourself and others.

#### 2.1.2.2 Technical and organisational measures

There are no additional measures in addition to the measures included in paragraph 1.2 where technical and organisational measures are concerned.

### 2.1.2.3 Personal protective equipment

There are no additional measures in addition to the measures included in paragraph 1.3 where personal protective equipment is concerned.

2.1.3 Customers/users or people living with them without coronavirus symptoms (see paragraph 1.1), but who do form part of a vulnerable group.

### 2.1.3.1 Control the risk at source

Regular work can be carried out, but only with the residents or users' explicit consent. The measures concerning hygiene and keeping a safe distance must be observed, see chapter 1 and paragraph 2.1.1.

# 2.1.3.2 Technical and organisational measures

There are no additional measures in addition to the measures included in paragraph 1.2 where technical and organisational measures are concerned.

# 2.1.3.3 Personal protective equipment

There are no additional measures in addition to the measures included in paragraph 1.3 where personal protective equipment is concerned.

2.1.4 Customers/users or people living with them with the coronavirus, or displaying coronavirus symptoms (see paragraph 1.1).

### 2.1.4.1 Control the risk at source

Only carry out work in case of a serious fault or emergency. Serious means if general daily essential tasks (cooking, using the toilet, washing, cleaning, etc.) can no longer be completed. The 1.5 meters is a safe distance to protect yourself and others.

### 2.1.4.2 Technical and organisational measures

- The external door is open, or is opened by someone else from the outside.
- Customers must stay in a different room.
- Communicate with the customer by phone if necessary.

# 2.1.4.3 Personal protective equipment

For additional protection, consider:

- Disposable gloves<sup>7</sup>, any type of quality will suffice;
- Disposable overall;

<sup>7</sup>For example, nitrile, PVC, latex, butyl rubber





- Disposable slippers;
- Safety goggles (disposables, or otherwise disinfect)

# 2.2 External locations (infrastructure, construction, utilities)

# 2.2.1 Working alone on location.

There are no additional measures in addition to the measures included in paragraphs 1.1 - 1.4 and 2.1.1 where working alone at an external location is concerned.

# 2.2.2 Working on location with several people.

#### 2.2.2.1 Control the risk at source

There are no additional measures in addition to the measures included in paragraph 1.1 where the measures to control the risk at source are concerned.

#### 2.2.2.2 Technical and organisational measures

In the site hut or meeting room:

- Clearly display rules and instructions.
- Ensure spaces are cleaned more often and that soap and disposable hand towels are available.
- Meetings with suppliers, subcontractors and clients: Establish telephone contact whenever possible.

The 1.5 meters is the safe distance to protect yourself and others. The following measures apply to this:

- Determine the maximum number of people who can be in the space while still staying 1.5 metres apart.
- Remember to also maintain a distance of 1.5 metres when entering a space.
- Stagger break times or provide multiple areas and break areas.
- When instructing staff and giving toolbox talks, make sure everyone can stay 1.5 metres apart. If necessary, issue instructions several times to smaller groups.
- Inform the staff and participants prior to a meeting.

# 2.2.2.3 Personal protective equipment

There are no additional measures in addition to the measures included in paragraph 1.3 where personal protective equipment is concerned.

#### 2.3 Healthcare facilities

# 2.3.1 Low-risk spaces<sup>8</sup>

There are no additional measures in addition to the measures included in paragraphs 1.1 - 1.4 and 2.1.1 where working in low-risk spaces within a healthcare facility is concerned.

# 2.3.2 High-risk spaces<sup>9</sup>

The following measures apply in addition to the measures included in paragraphs 1.1 - 1.4 and 2.1.1 where working in high-risk spaces in a healthcare facility is concerned:

- Follow the client's instructions.

<sup>&</sup>lt;sup>9</sup> This could include a triage tent, a nursing home room with an unwell resident, an IC area, areas where a droplet precaution regime is in place.





<sup>&</sup>lt;sup>8</sup> Areas where there are no (potentially) infected patients, areas not frequented by healthcare personnel who could be infected.

# Helpdesk Corona Bouw & Techniek

### 2.3.3 Air treatment systems in intensive care or the pulmonary unit.

# 2.3.3.1 Control the risk at source

There are no additional measures in addition to the measures included in paragraph 1.1 where the measures to control the risk at source are concerned.

### 2.3.3.2 Technical and organisational measures

There are no additional measures in addition to the measures included in paragraph 1.2 where technical and organisational measures are concerned.

### 2.3.3.3 Personal protective equipment

If discharged air can be inhaled, use an FFP2 mask.

# 2.4 Travelling together

2.4.1 All forms of travel for business purposes: both joint commuting, as well as joint travel between work locations.

#### 2.4.1.1 Control the risk at source

A health check will be conducted before getting in. Travelling together is not permitted if anyone is experiencing (mild) symptoms, as detailed under paragraph 1.1. The colleague with symptoms must stay in (home) quarantine until a negative corona test result has been received.

# 2.4.1.2 Technical and organisational measures

- When travelling with others, it's important to be able to find out who travelled together. This will ensure you can quickly find out who else could possibly be infected if someone is diagnosed. Check to see whether the vehicle's logbook is set up for this. Save the data for 2 weeks for the GGD's source and contact investigation.
- Make sure there is plenty of ventilation, but avoid heavy air flows.
- Ensure optimal hygiene by subjecting the controls to extra cleaning (steering wheel, gear lever, door handle, touch screen, et) with water and a good degreasing cleanser or moist cleaning wipes.

# 2.4.1.3 Personal protective equipment

A face mask is not required if you are travelling with one other person. However, everyone must wear a face mask if you're travelling with more than two people.

# 2.5 Communication

The National Government has an extensive amount of campaign resources (posters, flyers, etc.) explaining the RIVM guidelines and providing practical instructions on how to prevent the spread of the coronavirus. You can download these via this link. You can use these posters and flyers both within your company and at your construction site. There is also information material available for people with low literacy levels. Social partners have their own channels of communication (e.g. via the Construction & Engineering Corona Help Desk, Volandis and ArboTechniek). Posters about the protocol for restricting the spread of the coronavirus, in relation to construction sites, working in private properties and working at the office, are available in several languages and can be downloaded from the help desk website. The help desk can also provide practical information such as frequently asked questions, toolboxes, daily schedules and posters/flyers about working and travelling together and for customers.





# 3 General measures and regulations

# 3.1 General

Activities in the construction and engineering sector can also continue during the current corona period. However, it goes without saying you need to comply with the RIVM guidelines, not just on site, but also when travelling to and from work.

- Maintain a distance of 1.5 meters. The 1.5 meters is the safe distance to protect yourself and others. Do not shake hands.
- Wash your hands regularly.
- Sneeze or cough into your elbow.
- Use paper tissues to blow your nose and throw these away immediately.
- Stay home in case of the following symptoms and arrange to be tested, also if you have accrued sufficient protection against the coronavirus:
  - Flu-like symptoms (a cold, runny nose, sneezing)
  - A sore throat
  - A cough
  - Shortness of breath
  - A raised temperature or fever
  - A sudden loss of smell and/or taste.

Request a test from the GGD as soon as possible in case of any of the above symptoms. Discuss things with the company doctor if necessary.

- Stay at home while you wait for the test results.
- o Go back to work in case of a negative test (no coronavirus) and mild symptoms.
- Stay in quarantine if someone you live with has a fever and/or shortness of breath in addition to respiratory problems and is waiting for a test result. You can return to work if the test comes back negative. This measure is not required if you have accrued sufficient protection against the coronavirus (see 1.1).
- Stay in (home) quarantine for 10 days after close contact with someone you live with or another close contact who has tested positive, even if you've built up sufficient protection.
  - You can request a corona test on the 5th day after keeping a safe distance, providing you have remained symptom-free.
  - You can come out of quarantine if the test result is negative (no coronavirus infection).
- Did you receive a notification from the CoronaMelder App? Then follow the instructions provided by the App.
- Stay in (home) quarantine for 10 days after returning from an orange or red (unsafe) travel zone.
  - Migrant workers and travellers in (home) quarantine can request a <u>corona test</u> on the 5th day. They can come out of quarantine if the result is negative.
  - The compulsory ten day quarantine period does not apply to cross-border workers if they return to their home country at least once a week.





- The (home) quarantine is not applicable to fully vaccinated travellers. However, obligations may apply to the vaccination certificate, a corona test, a health and quarantine certificate.
- Wear a face mark where mandatory:
  - In public transport.
  - o In the company van in case of 3 or more passengers
  - In publicly accessible indoor areas or covered areas where maintaining a distance of 1.5 meters is not always possible, such a shops, airports, station buildings, the hall of an apartment building.
  - If so requested, at other locations, for instance in a hospital or a care home for the elderly.

This protocol provides general frameworks and guidelines. Please contact your employer, client or company if you're unsure about how to comply with the protocol. You can also notify the Corona Construction and Technique Help Desk.

# 3.2 Translating the advice into daily work routines

It's important to effectively translate the protocol into a daily work routine. Following is an initial translation of the guidelines from the protocol into measures in the workplace and while at work. Complete checklists can be found on the help desk's website.

# 3.3 Appoint a corona-responsible person at the workplace

Following the rules is first and foremost everyone's own responsibility. The employer will appoint one employee to oversee compliance with the protocol on site to ensure everyone takes this responsibility seriously. He/she can monitor compliance with the protocol. The person in question must be familiar with all the corona rules and must – when necessary – call employees to account at the workplace if they fail to comply with them.

# 3.4 When should employees stay at home?

- 1. When the employee is displaying any symptoms, such as a cold, a runny nose, sneezing, a sore throat, a cough, a raised temperature, a fever (38 degrees Celsius or higher) or in case of a sudden loss of smell and/or taste. The employee needs to arrange to be tested for the coronavirus as soon as possible. The employee can return to work if the test comes back negative (no coronavirus), unless he/she is too ill for this. Discuss things with the company doctor if necessary.
- 2. When the employee has been diagnosed with the coronavirus.
- 3. If an employee who is not protected, or insufficiently, lives with someone with respiratory complaints in combination with a fever and/or tightness on the chest and the outcome of the corona test has not been received yet. The employee without symptoms can go back to work if the test confirms this does not involve a coronavirus infection.
- 4. If a corona infection has been observed in a household member or another very close contact.
- 5. When returning from an area that has been declared a red or orange zone by the Central Government (very high risk area). The employee will be advised to remain in quarantine for ten days. The compulsory ten day quarantine period does not apply to cross-border workers if they return to their home country at least once a week. The quarantine is not applicable to fully vaccinated travellers.





# Helpdesk Corona

The exception to points 1, 2, 3, 4 and 5 are employees involved in a vital process.<sup>10</sup> The following applies to them:

- Do not go to work if you have symptoms (test is necessary).
- Do not go to work if you are infected with the coronavirus.
- In case of no, or insufficient, protection against the coronavirus, do not go to work if someone you live with or another very close contact is infected with the coronavirus. An exception may be made if the employee does not have any symptoms, in consultation with the GGD and/or the company doctor.
- Consult with the company doctor if a household member or a very close contact has, in addition to respiratory complaints, a fever and/or tightness of the chest and the employee is not protected, or insufficiently.
- Discuss matters with the company doctor if a ten-day home quarantine is urgently recommended after returning from an orange or red zone.

# 3.5 Assessment high-risk group

Consult the company doctor/occupational health specialist if it's not clear whether someone forms part of an at-risk group. People without their own company doctor (for example, self-employed people) can use the company doctors from the Construction & Engineering Corona Help Desk.

# 3.6 When should you go home?

Anyone on site and employees working in private properties should take responsibility for their own safety and health, and that of others. They should therefore go home if they have mild flu-like symptoms like a runny nose, cough, sore throat or fever. An exception can again be made here where a position involving a vital process is concerned, allowing for a possible alternative assessment in consultation with the company doctor.

# 3.7 When should employees be sent home?

Employees who have flu-like symptoms, a fever, or who are not complying with the safety measures and precautions should be sent home. An exception can again be made here where a position involving a vital process is concerned, allowing for a possible alternative assessment in consultation with the company doctor.

# 3.8 Are people allowed to work from home?

People work from home if they can. However, this isn't appropriate for every job. It's important that employees working from home can do so under healthy conditions, for example a good desk posture. Employers should make sure employees are aware of this. Working from home is not possible in all jobs. This 'Working Together Safely' protocol provides guidelines for when working from home isn't possible. You can find the 'working from home during the corona period' visual by Vakmedianet and TNO on the Construction & Engineering Corona Help Desk website, which provides tips for working from home under healthy conditions.

<sup>&</sup>lt;sup>10</sup> Vital processes: please refer to the information issued by the Central Government: <a href="https://www.nctv.nl/onderwerpen/vitale-infrastructuur/overzicht-vitale-processen">https://www.nctv.nl/onderwerpen/vitale-infrastructuur/overzicht-vitale-processen</a>





# 4 Measures in place in the workplace and while working

# 4.1 Which measures apply to work locations?

You can generally continue working. That's because there is a reduced risk of infection at building sites in the open air. The protocol can be used to manage the risk of infection at other locations. The following guidelines do need to be observed, so discuss these together before starting work:

- 1. Appoint a corona-responsible person at the work location.
- 2. Maintain a distance of 1.5 meters. This is the safe distance to protect both yourself and others. The following measures then apply:
  - o Adapt the work to the 1.5-metre distance and set up work areas accordingly
  - Split groups up during the lunch break. Eat lunch outside whenever possible. Do you have your lunch in your van? Then make sure you do this on your own.
  - If working together within 1.5 metres is inevitable then try to limit this as much as possible.
  - Where possible, employees should work in fixed teams and at the same locations, so that they don't keep coming into contact with different people.
  - Restricting external contacts as much as possible. Enter into arrangements to this
    effect with suppliers and subcontractors. This could include supply deliveries outside
    of the construction site.
  - o Be rigid about the hygiene rules in conformity with the RIVM guidelines.
- 3. The hygiene requirements for the workplace must be complied with:
  - Extra cleaning of toilets;
  - Thoroughly cleaning door handles;
  - Cleaning any shared materials with water and a good degreasing cleaning agent, or with moist cleaning wipes.
- 4. (Strictly) hold each other to account in case of (dangerous) deviant behaviour and correct each other. Everyone must take responsibility for themselves and their colleagues. Employees can ask questions and report problems to their managers.
- 5. In case of doubt or major unrest, involve the Occupational Health & Safety Service, the Construction & Engineering Corona Help Desk or the social partners' knowledge centres in Construction & Infrastructure (Volandis, ArboTechniek).

# 4.2 Which measures apply when working in private properties?

Employers are responsible for ensuring their employees can work in a safe environment, which also applies to working in private properties.

### 4.2.1 Beforehand

- Ask customers:
  - whether they consent to the work being carried out;
  - whether they or anyone they live with have any coronavirus symptoms;
  - whether they or anyone they live with form part of the group of 'vulnerable people', in connection with unintended infection by the employee(s), or of the group of 'insufficiently protected people'.
  - o to make sure their home is well ventilated;
  - o to make the equipment easily accessible.
  - o to keep the toilets clean;
  - o to clean handles, door handles etc. several times a day.





- Tell employees that they are free to leave the work location if they encounter situations in which they feel unsafe. For example, if a customer opens the door whilst coughing and sneezing. The employee should inform the customer that he/she doesn't think it's advisable to enter given the risk of becoming infected with the coronavirus and subsequently informs his/her manager or planner too.
- Make sure the customers/residents know that they are completely free to ask the employee to leave the work location if they feel they are confronted with a situation they don't feel safe in at any time. For example, if the employee coughs or sneezes either before or during the activities. The customer/resident should inform the employee that he/she doesn't think it's advisable for the work to be carried out given the risk of becoming infected with the coronavirus. The employee will subsequently also inform his/her manager or planner.

#### 4.2.2 Execution

If a customer or someone they live with has symptoms which could indicate a coronavirus infection (see paragraph 1.1), work should only be carried out in the event of a serious fault or emergency. In such cases, extra precautions must be taken. Please refer to paragraph 2.1.4 for details. Customers who form part of the group of 'vulnerable people' must provide their explicit consent before the activities can commence.

### 4.2.3 Completion of activities

Where possible, an alternative should be found to clients signing off on work, because of possible infection via hand/mouth/nose/eye contact. Alternatives are available (please refer to the frequently asked questions on the Corona Construction & Technology Help Desk website).

# 4.3 What is the correct procedure when the work demands working together within a distance of 1.5 metres?

The starting point should always be to prevent this if possible. If it should nonetheless be required then be extra alert: prepare an assessment of which tools and work procedures are necessary for safe working.

# 4.4 Communication activities in the workplace

Plan a toolbox meeting (possibly online) during which you can tell employees which precautionary measures have been taken to work as safely as possible and discuss the policy with them.

# 4.5 Can employees still travel together in a company van?

Yes, all available seats in the company van can be used again effective from 1 July 2020. The conditions listed in paragraph 2.4 will apply.



